

# years 50 good deeds

## 5 Public Speaking: Great

way to motivate people. Spoke to 71 people at Princeton Regional Chamber Of Commerce Breakfast. Panel was all about non profits and their work in the community. Karen Jezierny' spoke. My topic was about The 50 Good Deeds WHY, WHAT and HOW. I know, I got to some people because they called me and said they did a good deed. That's the concept about what I am doing: it's to get people to pass it forward.



6 Organized and ran a food drive for Homefront. Brought friends and their families to help. Peter, Melissa, Ellen, Eric, Brett, Miles and Ehab went door to door in Pennington (200 Homes) and spent the day at Pennington Food Market. Collected 2,500 pounds of

food (which feeds 100 people for five weeks). Homefront was the charity we picked, they said they never did this before and would like to incorporate as a continual program. The deed here is finding a concept which charities can perpetuate into their overall strategies. [www.homefrontnj.org](http://www.homefrontnj.org)



7 Anchor House: Took Katie and Dominique, two run-aways, to the Princeton Symphony. Deborah was their chaperone, the evening was great. Showed them a good time! I don't know if I changed their life of running, but maybe they felt good about getting out of the city.



8 American Red Cross: Simple concept: Get cans from American Red Cross put them in Hopewell High School and stores around town. Did this with The Hopewell Central High School Model WHO organization, had my wife Nancy leading the charge, Ashley

my daughter represented us and did get on TV. I simply got the cans and distributed in the stores. Raised \$3,400.

9 One Simple Wish: Well it wasn't supposed to be about the money, but in reality it just comes down to money. Charities need it, they are designed for it. This charity grants wishes to kids. Bought someone a small musical organ. I thought out of all of the things I could purchase, this one might help that person's ability to learn.

## 10 Birthday Party at

Elements: The Idea was to invite as many people, charge at the door (\$35/head), ask people to fill my tip jar and get a couple of corporate donations. Worked great: 150 people came out to Elements restaurant. My tip jar raised \$800, Bank of Princeton donated \$500 and Marty Tuchman matched everything we raised. Total amount given to The Trenton Area's Soup Kitchen was \$4,800. Not bad for a fun networking event. Need to Thank Terri McIntrye, Steve Disler, Marty Tuchman and Nina Melcker for their help. [www.trentonsoupkitchen.org](http://www.trentonsoupkitchen.org)



12 St Patty's Parade-Helped the Friendly Sons and Daughters. Held the banner and brought candy to throw at the kids. Purchased \$110 worth of candy almost made it to the end of the parade without running out of candy. Good Deed helped an organization who needs walkers, entertained the kids along the sidewalk and had my wife and son Matthew involved fun day.



14 Arts Council Of Princeton again - Volunteered to answer phones on a Tuesday night. Met my wife for dinner, went to Mediterra walked to The Arts Council, had her stay with me for two hours. Had a good time helped out as a volunteer.



15 SAVE-Animal Shelter - We walked the dog Honeybee Saturday April 24, 2010 at the Community Day in Downtown Princeton. Honeybee is a friendly, two year old dog. Collected money for SAVE (\$110). Successful day; we had three families looking at the dog with one of them coming in and adopting Honeybee on Monday. Nancy, Matthew Fennelly helped that day.



17 Rescue Mission-Donation drive - This is following the model of the food drive. Door to door, 300 homes, dropping off Pinwheels. If you leave your pinwheel out on May 1, 2010 then the Rescue Mission will come by your house and pick up any appliances, clothing and furniture that they can resell again to keep their organization successful. Pickup for May 1, 2010. Pennington, 300 homes distributed Colored Pinwheels with notice of pickup: 65 homes responded, 3 trucks filled; Matthew, Nancy Fennelly, Eric Kollewel and his daughter, Dan Fabrizio helped that day. [www.rescuemissionoftrenton.org](http://www.rescuemissionoftrenton.org)



11 Gave Blood: Simple deed did not hurt too much. Need to check before you go: if/which medications you are on; if you traveled to certain countries and you have to be over 110 pounds. [www.redcross.org](http://www.redcross.org)



13 Arts Council Of Princeton - Charities need buildings. Maybe I can help. The Arts council puts on a party every year. A must attend! The Arts Council held Pinot to Picasso event at The Technology Center At Princeton, Friday April 23, 2010. This event includes an extensive amount of art which was purchased, food from many local restaurants and wine that flowed all night (450 people). The Technology Center is three miles from Downtown Princeton and two mile from downtown Hopewell on Carter Road. [www.artscouncilofprinceton.org](http://www.artscouncilofprinceton.org)

16 Car Stop - Coming back from SAVE Downtown Princeton to my home, saw a car on side of road in right turn lane to Cherry Hill Road and Carter Road, with blinkers on. Drove past that "dangerous spot to stop"; turned around, went to help, woman's sister pulled up from behind at the same time. Made the right call to pull over to where I parked. Women started the car we pushed the car across the street. Made sure everything was under control; and left. Busy day three deeds April 24, 2010.